

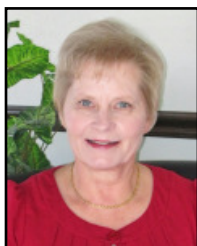
Family Focus

A newsletter from the DDI VANTAGE Early Intervention Program

August 2011

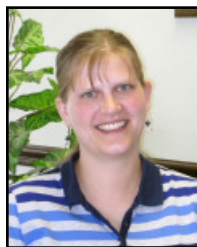
Focus on Staff

Velaine Turnbull



Velaine is the new Family Service Coordinator for our Tooele Site. She is a Licensed Substance Abuse Counselor and has a Bachelors Degree in Elementary Education. She spent 15 years as a Victim Specialist for Life Line, Inc. and has worked with troubled teens, their parents and siblings.

Adrienne Andersen



Adrienne is a new Occupational Therapist at our West Site. She has an Associates Degree in Child Development, a Bachelors Degree in Early Childhood and a Masters Degree in Occupational Therapy. She has worked at Primary Children's Medical Center and North Summit School District.

Calendar of Events

August 2011

August 1 - 5

Staff training week
No groups or visits

August 8 - 9

Group planning days
No group

*There will be no Learning Link classes in August. Classes will resume in September.

September 2011

September 5

Labor Day
DDI VANTAGE closed

September 8

Early Communication & Sign Language
Tooele Site 9:00 - 10:00 a.m.
Bring your child to this class.
435-833-0725

September 13

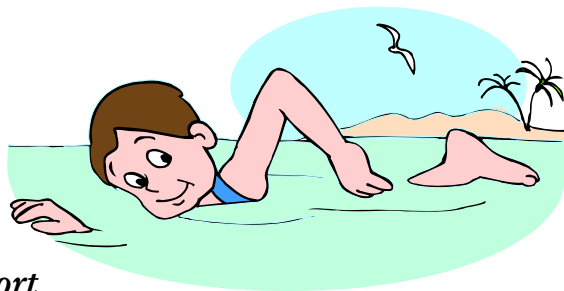
Fun and Healthy Eating with Kids
West Site 5:00 - 6:00 p.m.
Bring your child to this class.
801-957-0855

September 15

Outdoor Exercises
East Site 12:00 - 1:00 p.m.
Bring your child to this class.
*Location may be offsite, call for details. 801-266-3939

September 20

Potty Training
Duchesne County Site
11:00 a.m. - 12:00 p.m.
Child care is available, please call at least 24 hours in advance.
435-722-3008



Family Fun Day Report

DDI VANTAGE would like to send out a big "Thank You" to all of those families and friends that attended our Family Fun Day on June 16, 2011 at Wheeler Farm. Bounce houses, wagon rides, balloon artists, face painters, snacks, and games were just some of the activities available. Some families brought lunches and stayed to enjoy the farm. Our expanded activities spread out the fun so everyone could participate. It was a fabulous day!

Our Duchesne County families shared in a fun filled afternoon at Constitution Park! While kiddos enjoyed the bounce house, games, prizes, face painting, crafts, and carnival treats, "Summer Safety" was the focus. Tri-County Health conducted car seat checks; the Roosevelt Police Department provided Child Finger Printing/ID Cards, taught stranger danger and neighborhood safety; and the Fire Department taught fire safety while families explored the fire engine, tried on fireman hats and full dress jackets, then got to hold the hose and let it fly!

If you missed out on the fun this year, gather the family together and join us next year. A special thanks goes out to all of the DDI VANTAGE staff that joined together to make these events truly Family *Fun* Days.

Focus on Development

Developmental Milestones and Activities for 6-9 months

Over the next few months we will highlight some developmental milestones for different age groups, continuing this month with 6-9 months:

- Sits unsupported for short periods of time, may prop forward on hands while sitting.
- Pushes up on hands and knees and rocks back and forth.
- May pull to stand at furniture.
- Responds playfully to mirror.
- Enjoys cause and effect reactions, looks for toys they have dropped.
- Feeds self with fingers.
- Responds to name, listens selectively to familiar words.
- On stomach, supports weight on one hand while reaching with the other hand.
- Moves from stomach to sitting and back to stomach.
- Pivots on stomach
- Makes vowel sounds and consonant vowel combinations (dada).
- Belly crawls by moving self on stomach using arms and legs.

Activities to try

- Play imitation games.
- Hide a toy while your baby watches, encourage him/her to find it.
- Present objects vertically to encourage wrist rotation when reaching for a toy.
- Hold your baby in front of a mirror, glass or other objects that reflect your image.
- Give your baby toys that move or react when touched or pulled.
- Place your baby on different textures, such as blankets and grass.
- Talk to your baby as you care for him/her throughout the day.

Focus on Health & Safety

Health Check

August means the end of summer vacation and the beginning of back to school for most families. This can also mean doctor visits to make sure immunizations are up to date. But even if you don't have kids in school yet, regular check-ups with your child's doctor help keep your child healthy. A doctor's exam should include a head-to toe exam to check growth and development, eye and ear tests and any immunizations your child may need. Your child needs a check-up at these ages:

- Newborns: as soon as possible after birth
- Babies: at ages 1, 2, 4, 6, 9, 12, 15, 18 and 24 months
- Toddlers: at ages 3, 4 and 5
- Children: at ages 6, 8 and 10
- Teenagers: once a year from ages 11 to 18



In addition to regular check-ups, here are a few tips from the American Academy of Pediatrics to help you have healthier kids:

- Do a “childproofing” survey of your home. A child’s-eye view home survey should systematically go from room to room, removing all the “boo-by traps” that await the curious toddler or preschooler. Think of poisons, small objects, sharp edges, knives and firearms, and places to fall.
- Provide your child with a tobacco-free environment. Indoor air pollution from tobacco increases ear infections, chest infections, and even SIDS. If you smoke, consider quitting. Remember that the most important predictor of whether your children will grow up to be smokers is whether you smoke. At least make your home a smoke-free zone.
- Practice “safety on wheels.” Make sure everyone in the car is buckled up for every ride, with children in the back seat in age-appropriate child safety seats. All bikers, skaters and skateboarders should wear helmets.
- Prevent violence by setting good examples. Hitting, slapping and spanking teach children that it is okay to hit other people to solve problems. Nonphysical forms of discipline work better in the long run. Remember that words can hurt too.
- Monitor your children’s “media”. Monitor what your children see and hear on television, in movies, and in music. Children are affected by what they see and hear. Talk to your children about “content.” If you feel that a movie or TV program is inappropriate, redirect your child to more suitable programming.
- Pay attention to nutrition. Nutrition makes a big difference in how kids grow, develop and learn. Good nutrition is a matter of balance. Provide foods from several food groups at each meal. Emphasize foods that are less processed, such as whole grain breads and cereals, and fresh fruits and vegetables. Review your child’s diet with your pediatrician for suggestions.
- Make your children feel loved and important. Kids develop a sense of self-worth early in life. They get it from their parents. Listen to what your children have to say. Assure them that they are loved and safe. Celebrate their individuality, and tell them what makes them special and what you admire about them. Hug your child every day.

Focus on Community

Health Access Project

Approximately 110,000 uninsured individuals live in Salt Lake County, the majority of which do not have access to affordable health care. When they get sick, the uninsured often delay seeking care until their condition has worsened. Many uninsured patients use the Emergency Room as their main source of care, increasing health care costs for the entire community.

Established in 2001, the Health Access Project (HAP) is a community partnership that works to develop a more effective system for providing health care to low-income, uninsured residents of Salt Lake County. The Health Access Project targets individuals who have incomes at or below 150% of the Federal Poverty Level. The 2011 Federal Poverty Guidelines are:

# of Family Members	100%	150%
1	\$10,890	\$16,335
2	\$14,710	\$22,065
3	\$18,530	\$27,795
4	\$22,350	\$33,525
5	\$26,170	\$39,255
6	\$29,990	\$44,985
7	\$33,810	\$50,715
8	\$37,630	\$56,445
For each additional person add	\$3,820	\$5,730

In collaboration with all the major health care providers in Salt Lake County, HAP is creating a system through which the uninsured can obtain needed health care before it becomes an emergency. HAP accomplishes this by leveraging donated physician and hospital care, as well as by providing culturally-appropriate case management and enabling interpreter services.

Case management is fundamental to changing the way the uninsured understand and access the health care system. The Health Access Project links each patient with a case manager stationed at a Hospital Emergency Room or other location in the community. HAP case managers:

- Screen patients for various programs and assist patients in applying for public health insurance.
- Schedule medical appointments to address patients' needs and coordinate follow-up care.
- Arrange interpreting services for non-English speaking patients.
- Refer patients to community resources to meet their non-medical needs.
- Facilitate communication between patients and providers.

Various volunteer opportunities are also available. For more information about volunteering or receiving services through Health Access Project you can visit their website at www.healthaccessproject.org or call (801) 412-3980.

Focus on Learning Link

New Learning Link Schedule

Based on the Learning Link surveys received in the spring and attendance from last years classes, we have completed our new Learning Link schedule. In addition to Potty Training Workshops and Positive Discipline classes held on a regular basis at each site, look for the following classes to be held in your area:

- Early Communication & Sign Language for 0-3
- Learning Through Play & Music
- Crafts for Kids
- Indoor Exercises for Children
- Fun and Healthy Eating/Cooking with Kids/Picky Eaters
- Pre-reading Skills/Story Time
- Infant Massage
- Budgeting & Finance

Classes vary by county and sites will have every class, pay close attention to the location listed in the Calendar of Events. In addition to listing the upcoming classes in the newsletter, look for a Learning Link brochure in the mail. If you do not receive one, please contact your Family Service Coordinator.



“It’s not only children who grow. Parents do too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours. I can’t tell my children to reach for the sun. All I can do is reach for it, myself.”

~Joyce Maynard



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 Salt Lake City, UT 84107

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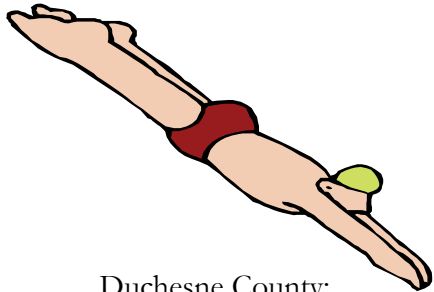
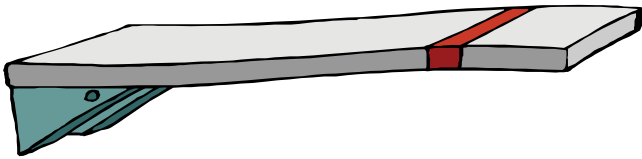
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We happily accept your voluntary donations. We also appreciate in-kind donations such as **new** baby items, diapers, and toys. Thank you to all of those who have donated to our agency. We appreciate you!

Please accept my donation of \$_____ for the DDI VANTAGE Early Intervention Program.
 Date:_____ Name:_____ Name of child enrolled:_____
 Address:_____ Phone:_____

****Your generous donation will be directly available to benefit the children and families who are served in the DDI VANTAGE Early Intervention Program.**

Editor: Charlene Todd • E-mail: ctodd@ddivantage.org • Phone: (801) 266-3979 • Web site: www.ddivantage.org
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DDI VANTAGE Early Intervention Locations

East:
 3950 S. 700 E. Ste 101
 Salt Lake City, UT 84107
 (801) 266-3939

West:
 3540 S. 5600 W.
 West Valley City, UT 84120
 (801) 957-0855

Tooele County:
 165 S. Main Ste 200
 Tooele, UT 84074
 (435) 833-0725

Duchesne County:
 187 W. Lagoon St.
 Roosevelt, UT 84066
 (435) 722-3008

